



989.550.7025

240 State Street
Harbor Beach, MI 48441

BODY SERVICES

Body Buff - \$25.00/30 mins.

Exfoliation treatment where the body is sprayed with essentials oils then brushed with a dry brush to help rub off all the dead skin allowing the body to absorb either a body wrap solution or all natural oils infused with essential oils.

Body Glow - \$35.00/30 mins.

The body is exfoliated by rubbing salt, sugar or body polishes into the skin in order to remove the layer of dead skin cells, helping to detoxify, increase skin tone, texture and vibrancy, stimulating circulation, unclogging pores and increasing skin respiration. This can be done by itself or it can be incorporated with other services.

Body Wrap - \$50.00/60 mins.

Clients are exfoliated first, then the body is wrapped in hot towels soaked in herbs or essential oils, or the body is painted with; mud, clay, seaweed, or aloe depending on which therapeutic effect the client is looking to achieve. The client is then wrapped in heat for 20 minutes. While the treatment is working, the client can then indulge in a face glow, scalp treatment and/or foot massage. See website for full description of body wraps products.

Do not shave two days prior to treatment.

Hot Oil Scalp Treatment - \$15.00/15 mins.

All natural hot oil is applied to the scalp followed by a head and scalp massage.

SPA SERVICES

Face Glow Treatment - \$40.00/60 mins.

Come in and enjoy a quiet relaxing face treatment with the tranquility of a spa setting, with bubbling water fountains and soothing music to drift away all anxieties. Enjoy hot towels, cool cucumbers, all natural cleansers, scrubs, mask, and moisturizers to bring back your natural beauty.

Kbella Face Lift Massage - \$40.00/60 mins.

The Kbella Face Lift Massage is intended to strengthen the muscles, and superficial fascia of the face giving the face the look of a natural face lift.

Hand Treatment - \$25.00/30 mins.

Improve the appearance of hands and nails through a all natural hand soak, cleansers, scrubs, cuticle oils, mask, and ending with a moisturizing massage for your arms and hands.

Foot Treatment - \$30.00/30 mins. | \$40.00/60 mins.

Relieve tired, achy feet through a all natural foot soak, cleansers, scrubs, pumice stone, mask, cuticle oil, and ending with a moisturizing massage for your feet and calves.

Hand and Foot Treatment - \$50.00/60 mins.

Hand and Foot combo, read description of hand treatment or foot treatment.

MASSAGES

Ashiatsu Oriental Bar Therapy - \$45.00/60 mins. | \$65.00/90 mins. | \$85.00/120 mins.

This is a deep and luxurious massage performed mostly with the therapist's feet rather than hands. This modality is called Ashiatsu Oriental Bar Therapy because the therapist actually uses bars on the ceiling to balance herself and assist in glides. This allows for deeper pressure, resulting in the release of muscle toxins. *Performed by Jennifer Paulin only.*

Couples Massage - \$80.00/60 mins.

A couple or two friends can gather to receive massage together. This can be in the same or separate treatment rooms. Couples, girls day at the spa, mom and daughter etc... Romance packages also available for Sweetest and Valentines Day and Anniversaries.

Deep Tissue Massage - \$30.00/30 mins. | \$45.00/60 mins. | \$65.00/90 mins. | \$80.00/120 mins.

A deeper form of Swedish massage which uses more pressure and a combination of trigger point therapy, stretches, and myofascial releases for softening muscle tension and relieving knots.

Hot Stone Massage - \$65.00/90 mins.

This massage increases a deeper state of relaxation. Basalt stones, which are made from volcanoes, are heated up to 120 degrees and are used to massage the body, along with Swedish massage strokes. This heat penetrates into muscle tissue, melting away tension, and allowing deeper muscles to be released.

Prenatal Massage - \$5.00/60 mins.

A gentle massage specifically tailored for mothers-to-be to relieve general discomforts of pregnancy and to help to stretch and maintain muscle tone allowing for an easier delivery. Massage is performed with expectant mother on her side and supported with pillows. Gentle compressions may be applied on ligaments that support the lower back and hips to help relieve lower back, hip and leg pain.

Swedish Massage - \$25.00/30 mins. | \$40.00/60 mins. | \$50.00/75 mins. | \$60.00/90 mins. | \$75.00/120 mins.

A general relaxation massage, focused on relieving muscle tension. It includes a combination of long gliding strokes, kneading, percussion, vibration, and friction strokes, along with muscle stretches to leave the body feeling completely relaxed and elongated.



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PACKAGES

Bahama Mamma - \$75.00/120 mins.

This package includes:

- 1 hour pregnancy Massage
- 1 hour Hand & Foot Combo

Day of Luxury - \$120.00/180 mins. (3 hrs.)

This package includes:

- 1 hour Swedish Massage
- 1 hour Face Glow
- 1 hour Hand & Foot Combo

Escape for the Day - \$150.00/240 mins. (4 hrs.)

This package includes:

- 1 Hour Swedish Massage
- Body Buff
- Body Wrap with Scalp Treatment
- 1/2 Hour Face Glow
- 1 Hour Hand & Foot Combo

Girls Just Wanna Have Fun - \$50.00/60 mins.

This package includes:

- 1/2 hour Swedish Massage
- 1/2 hour Hand, Foot or Face Glow

Mother & Daughter's Day Out - \$150.00/240 mins. (4 hrs.)

This Package includes:

- (2) 1/2 hour Massage
- (2) 1/2 hour Face Glow
- (2) 1/2 hour Hand or Foot Treatment

Passport to Paradise - \$110.00/150 mins. (2 1/2 hrs.)

This package includes:

- 1 Hour Swedish Massage
- 1/2 Hour Face Glow
- 1 Hour Hand & Foot Combo

Pure Romance - \$125.00/120 mins.

This package includes:

- 1 Hour Swedish Couples Massage
- (2) 1/2 hour Hand, Foot or Face Glows

The Works! - \$200.00/285 mins. (4 hrs. - 45 mins.)

This package includes:

- 1 hour Hand & Foot Combo
- 1 hour Swedish Massage
- 1 hour Face Glow
- 1/2 hour Body Glow
- Body Wrap
- Hot Oil Scalp Treatment

Ultimate Getaway - \$100.00/120 mins.

This package includes:

- 1/2 hour Swedish Massage
- 1/2 hour Face Glow